



## **Washington State Tobacco Quit Line Fax Referral Program**

Washington State's Tobacco Quit Line Fax Referral Program links the services of the Washington State Tobacco Quit Line to the potential quitter through you, the Health Care Provider. Through the Fax Referral Program, the Quit Line initiates the first contact with the potential participant, which can greatly increase the chances of successful follow-up, especially for those who might be hesitant to begin treatment on their own.

### **How Does the Program Work:**

Step 1 - The provider determines that the patient/tobacco user should be referred to the Quit Line. The provider and the tobacco user discuss the fax referral form and process.

Step 2 - The provider and the tobacco user completely fill out the fax referral form.

\* If the provider is recommending medication for a pregnant tobacco user, the gray box must be signed by a licensed prescriber.

Step 3 - The provider or the provider's clinic faxes the form to the Quit Line at: # 1-800-483-3078

Step 4 - The Quit Line will make three attempts to reach the tobacco user.

Step 5 - After three attempts, the Quit Line will fax the clinic an outcome report (to be filed in the patient's chart at your clinic), detailing one of three outcomes from the outreach:

- a) Tobacco user reached – service accepted (will detail service user will receive).
- b) Tobacco user reached – declined services
- c) Tobacco user not reached.

Step 6 - The provider continues to follow up periodically with the tobacco user. The Quit Line does not send any additional outcome reports.

### **Benefits of the Fax Referral Program:**

1. Eliminates barrier of the tobacco user having to initiate the first call to the Quit Line.
2. Allows the provider / clinic to ensure a proactive follow-up step.
3. Allows the provider to receive a report on the services the tobacco user will receive.
4. Creates an easy opportunity for the provider to take action with the tobacco user at the time of the visit.
5. Allows for follow-up in clinics or areas where follow-up might not otherwise be possible (like ER, etc.).